


EYFS & KS1 #WifiFreeWednesday

<p>Making</p> 	<p>Create a self-portrait using random objects from around your home.</p>	<p>Make a home for an animal in your garden or the park, using things from nature like twigs and leaves.</p>	<p>Build the tallest tower you can using any building blocks you might have or other objects in your home.</p>	<p>Make paper chains for Chinese New Year from strips of paper or old magazines.</p>	<p>Make a puppet out of an old sock and give it a name and voice.</p>
<p>Reading</p> 	<p>Make a story sack. Choose a book or story you love and collect some items in a bag that have something to do with it. Can someone else guess the book?</p>	<p>Act out your favourite story to an adult.</p>	<p>Make up your own ending to your favourite story.</p>	<p>Draw a picture of your favourite character from a story.</p>	<p>Make your own picture book about you.</p>
<p>Fitness</p> 	<p>Practice throwing and catching a soft ball or rolled up pair of socks.</p>	<p>See how many star jumps you can do in 10 seconds. Have a rest and try again. Can you beat your total?</p>	<p>How long can you jog on the spot? Ask an adult to time you to see how long you can keep going for.</p>	<p>Play a game of balloon football where you use your hands, feet and head to keep the balloon afloat.</p>	<p>Be a lion! On all fours, take a deep breath through your nose. Open your mouth and eyes wide. Stick your tongue out and ROAR!</p>
<p>Service</p> 	<p>Make a 'thank you' card for someone who has done something kind or nice for you.</p>	<p>Try to remember to say 'please' and 'thank you' every time you ask for something today.</p>	<p>Draw a picture of something that makes you happy and put it up in a window to make other people happy when they see it.</p>	<p>Pick up your toys and books and put them away where they belong.</p>	<p>Write and post a letter to a relative to say 'hello'.</p>
<p>Genius</p> 	<p>Learn how to tie a shoelace.</p>	<p>Learn how to tell the time to the nearest hour: 1 o'clock, 2 o'clock and so on.</p>	<p>Play 'who am I?' with an adult. Get them to describe an object to you and see if you can guess what it is.</p>	<p>Learn how to put your coat on and do the buttons or zip up by yourself.</p>	<p>Learn to say 'hello' and 'goodbye' in a new language.</p>