

17th September 2026

Dear Parents and Carers,

As we begin the new academic year, we would like to remind families of our school approach to the use of fidget tools. We recognise that, for some children, an appropriate sensory aid can be a valuable tool to support focus, attention and emotional regulation. However, these tools can also become a distraction when they are not carefully selected or when items are brought into school without prior agreement.

To ensure that fidget tools are used purposefully, consistently and fairly, we would be grateful for your support in reinforcing the following expectations:

1. Permission Required

Fidget tools may only be used in class where this has been explicitly agreed with the class teacher and, where appropriate, the SENCo.

2. Fidget Tool Agreement

Children who use a fidget tool will be supported to understand our 'Fidget Tool Agreement'. This sets out clear expectations that the tool is there to support regulation or focus and should not distract the child or others from their learning.

3. School-Provided Tools

Where a fidget tool is agreed, the school will provide an appropriate and discreet option, such as a small mesh and marble fidget or Velcro positioned under a desk. This enables us to ensure that tools are safe, quiet and suitable for use within the classroom.

4. Items Brought from Home

We ask that children do not bring their own fidget or sensory items into school. Any items brought into school will be kept safely by the class teacher and returned at the end of the school day to go home.

If you feel that your child may benefit from the use of a fidget tool and this has not previously been agreed, please contact their class teacher in the first instance to discuss this.

Thank you for your continued support in helping us maintain calm and focused learning.

Kind Regards

Mrs Black

SENCo