



Snack
Fresh
Fruit
every day!

Little Loose Nursery



We provide
healthy, balanced
snacks and
tea every day!

WEEKLY SNACK & TEA MENU

WEEK 1

MONDAY

Snack: Fresh Fruit

Cheese, cucumber
and tomato sandwiches
with vegetable sticks



TUESDAY

Snack: Fresh Fruit

Pizza with
Vegetables



WEDNESDAY

Snack: Fresh Fruit

Tomato pasta
with grated
cheese



THURSDAY

Snack: Fresh Fruit

Baked beans on
toast with cucumber
sticks



FRIDAY

Snack: Fresh Fruit

Grazing board
(cheese, ham, cucumber,
tomatoes, grapes, crackers
and veggie sticks)



WEEK 2

MONDAY

Snack: Fresh Fruit

Cheese and ham
wrap with
carrot sticks



TUESDAY

Snack: Fresh Fruit

Pitta bread with
tuna and
sweetcorn



WEDNESDAY

Snack: Fresh Fruit

Sandwich selection
with vegetable
crudité



THURSDAY

Snack: Fresh Fruit

Mayo pasta with
vegetables



FRIDAY

Snack: Fresh Fruit

Bagel with spread
and tomato



WEEK 3

MONDAY

Snack: Fresh Fruit

Grazing board
(cheese, ham, cucumber,
tomatoes, grapes, crackers
and veggie sticks)



TUESDAY

Snack: Fresh Fruit

Chicken and cheese
wraps with salad



WEDNESDAY

Snack: Fresh Fruit

Bagel and
cream cheese



THURSDAY

Snack: Fresh Fruit

Cheese and
vegetable quesadillas



FRIDAY

Snack: Fresh Fruit

Pizza with
choice of topping



ANY DIETARY REQUIREMENTS WILL BE ACCOMMODATED
AND THE MENU ADJUSTED



VEGETARIAN



VEGAN



NON-DAIRY



GLUTEN

