



June 2026

YEAR 5

Term 6 PSHE – Safety and the Changing Body

Dear Parent/Guardian,

As part of your child's education at Loose Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. This gives the children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives as responsible members of our community.

We are writing to let you know that from the week commencing 15th June, the year 5 classes will be taking part in a series of lessons that will focus on the changing body aspect of the PSHE programme and will be covering objectives considering:

- accurately name all the relevant parts of the body
- understand the changes both genders will go through during puberty
- list the range of changes they will go through during puberty

These lessons are an essential part of the children's PSHE education and will be highly beneficial. All PSHE teaching takes place in a safe environment and is underpinned by our school ethos and values. If you have any questions or would like to view the resources we will be using, please send your questions via the school office by the 12th June.

Yours sincerely,

The year 5 team