

11<sup>th</sup> February 2026

Dear Parents and Carers,

We are writing to update you about our planned approach to the use of fidget tools in school.

We recognise that, for some children, a small and appropriate sensory aid can support focus and emotional regulation. However, we have recently seen an increase in personal fidget tools being brought in from home, which in some cases has led to distraction rather than supporting learning.

To ensure that fidget tools are used effectively, consistently, and fairly, we are introducing the following guidelines. These will be discussed with the children in school and will come into effect after the February half-term, at the start of Term 4. All personal fidget tools will be sent home before the half-term break.

**Our guidelines for the use of fidget tools are as follows:**

**1. Permission Required**

Fidget tools may only be used in class where this has been explicitly agreed with the class teacher and, where appropriate, the SENCo.

**2. Fidget Tool Agreement**

Children who are permitted to use a fidget tool will sign a short 'Fidget Tool Agreement'. This agreement will clearly outline expectations, including that the tool is used to support calmness or focus and does not distract the child or others.

**3. School-Provided Tools**

Where a fidget tool is agreed to be beneficial, the school will provide an appropriate and discreet option (for example, a small mesh and marble fidget or Velcro under desks). This ensures tools are safe, quiet, and suitable for classroom use.

**4. Unauthorised Items**

Any fidget tools or toys brought into school from home without prior agreement will be kept safely by the class teacher and returned at the end of the school day.



# Loose

## Primary School

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We kindly ask for your support by ensuring that your child does not bring a fidget tool to school. If you believe your child may benefit from the use of a fidget tool, please contact their class teacher in the first instance to discuss this further.

Thank you for your continued support in helping us maintain a calm, focused learning environment while meeting the sensory needs of children who require additional support.

Yours sincerely,

Mrs Black

SENCo