

Friday 2nd January 2026

Dear parents / carers,

At Loose, all children in our school have the opportunity to participate in Forest School throughout the school year. We are pleased to tell you that 'Forest Fridays' will be starting for YR when we return from the Christmas break.

What is Forest School?

Forest school started in Scandinavia and is a way of learning in a woodland environment. It provides the space where children can develop socially, emotionally and physically through play, following individual and preferred learning styles. For more information, please visit www.forestschoollassociation.org.

Starting from **Friday 9th January**, Year R will be participating in 'Forest Fridays'.

On Fridays, we would like the children to come to school dressed in their Forest School kits. We recommend that the children wear joggers, sweatshirt/hoodie and trainers. Please do not send them in anything expensive as they will be getting muddy! Children must be covered due to the nature of activities they will be partaking in such as climbing trees and building dens.

In a named bag, please provide the following*:

- **Wellies** (if they are not in school already)
- **Waterproof coat** (this can be the coat they wear to school that day)
- **Waterproof trousers / all-in-one 'puddle suit'** (we do have some spares in school if you have difficulty providing one – please let a member of staff know)
- **Hat**
- **Gloves**
- **Spare socks**

Please ensure **all items are clearly named.*

If you have any questions, please do not hesitate to get in contact.

We look forward to beginning this exciting experience with your children.



Hayley Oliveri
Early Years Leader
