

Long Term Plan for PE 2022-23

| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|------------|----------------------------|------------------|--------------------|--------------|-----------------------|---------------------------------|
| Year R 1hr | Introduction to P.E Unit 1 | Gymnastics | Dance Unit 1 | Ball Skills | Games Unit 2 | Fundamentals |
| Year 1 | Dance | Gym | Indoor Athletics | Target Games | Yoga | Athletics |
| | Sending and Receiving | Ball Skills | Fitness | Invasion | Striking and Fielding | Net and Wall |
| Year 2 | Dance | Gym | Indoor Athletics | Target Games | Yoga | Athletics |
| | Sending and Receiving | Ball Skills | Fitness | Invasion | Striking and Fielding | Net and Wall |
| Year 3 | Swim | Swim | Swim | Swim | Swim | Swim |
| | Football | OAA | Fundamentals | Basketball | Cricket | Dodgeball |
| Year 4 | Dance | Indoor Athletics | Gym (Year 3 plans) | Yoga | Gym (Year 4 Plans) | Athletics |
| | Tag Rugby | Hockey | Fitness | Basketball | Cricket | Handball |
| Year 5 | Dance | Indoor Athletics | Gym | Yoga | Badminton | Athletics |
| | Football | OAA | Fitness | Netball | Cricket | Handball |
| Year 6 | Dance | Indoor Athletics | Gym | Volleyball | Badminton | Athletics |
| | Tag Rugby | Hockey | Fitness | Netball | Cricket | Dodgeball/Handball / Volleyball |